

KYRIAKOS' 25TH SEMINAR OF GREEK DANCE

LEROS

KOS



MAY 24-31

2026
GREECE

JUNE 1-7



Kyriakos' 25th Seminar of Greek Dance

will be held from May 24th to June 7th, 2026 in two parts and on two islands, in one of the most attractive areas of Greece, Dodecanese at the East Aegean Sea.

The first part will be held during May 24-31, on Leros, the gorgeous Island with the great history, in association with "Artemis" Leros Cultural Club and with the help of Antonis Dallariss and Zacharoula Chatzikonstantinou.

The second part will be held during June 1-7, in Kefalos bay, a wonderful place on Kos, the beautiful island with the great history.



During the first part on
Leros Kyriakos with
Zacharoula

Hatzikonstantinou from
Leros Island, Demetra
Patapi from Rhodes and
Theodosia Perselis from
Kasos Island will teach
dances from Leros, Kasos
islands and from northern
part of Greece (Macedonia,
Thrace) and Pontic.

Zaharoula

Parties with live music of Antonis Dalaris, of Theodosia Perselis
and of many other musicians will take place during the
seminar in the tavern of "Crithoni's Paradise" hotel - where
dinner will be served- as well as in some of the most beautiful
spots of Leros, like the castle.



Antonis



Theodosia



Demetra



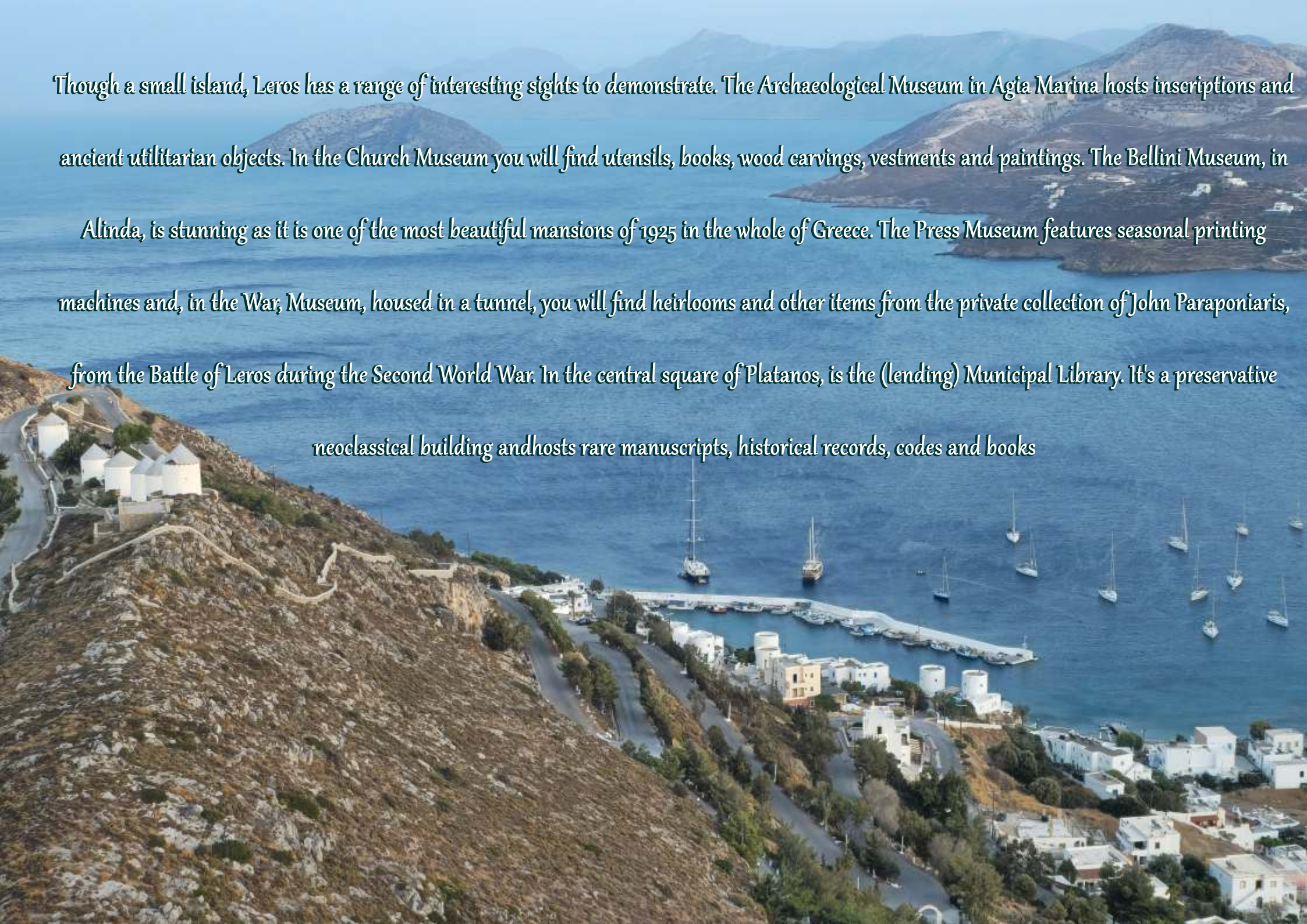
The lessons will last two and half hours in the morning and another one and half in the afternoon.

In the meantime, participants can enjoy the facilities of our beautiful hotel (like the swimming pool or
the spa) or taking a walk and explore the neighbor settlements/villages Alinda and Agia Marina.



If Paradise was able to choose to move to Earth, he would probably choose the island of Leros and the hotel Crithoni's Paradise Hotel. On a total of 13 acres space, the hotel complex has complete facilities, amenities and services. Open all year round, the hotel welcomes travelers from Greece as well as the rest of the world. In its green area, the Crithoni's Hotel – which was inaugurated back in 1996 – was built from the beginning with respect to the local architectural culture of the island, combined with the element of the sea which is dominant at only 50 meters away, and the intense vegetation that spreads throughout the building. The trademark of Crithoni's, is its impressive pool, which offers relaxation, diving, play, sunbathing. The pool bar is especially popular as the Aegean sun sets where families and couples gather for a last cocktail under the towering palm trees in the pleasant breeze. The modern hotel unit is known for its comfortable public areas and spacious rooms, for its friendly, willing and hospitable (stable) staff, for the 24-hour operation of the reception, for the immediate service and cleanliness, for the majestic view that the terraces and balconies offer towards the sea, pool, gardens and the mountain. The equipped playground will impress the small visitors with its toys and constructions. As for people with disabilities, the hotel is 100% suitable for disabled people, providing full access to all areas and services. Both indoor and outdoor, all our guests can be occupied creatively, to walk in the gardens, to swim, to taste local treats, to exercise, to make use of beauty services and to move easily and safely to points of interest such as the capital city and the surrounding villages. The 4-star complex consists of a total of 132 comfortable rooms with a terrace or balcony. It is also equipped with a gym, spa, meeting rooms, breakfast area- restaurant, bar, library, information and rent desk, pool bar and swimming pool, playground, free outdoor parking and wi-fi internet connection. In addition, the hotel offers a Transfer Service, with 3 privately owned coaches, to and from the port and the airport of Leros.

Though a small island, Leros has a range of interesting sights to demonstrate. The Archaeological Museum in Agia Marina hosts inscriptions and ancient utilitarian objects. In the Church Museum you will find utensils, books, wood carvings, vestments and paintings. The Bellini Museum, in Alinda, is stunning as it is one of the most beautiful mansions of 1925 in the whole of Greece. The Press Museum features seasonal printing machines and, in the War Museum, housed in a tunnel, you will find heirlooms and other items from the private collection of John Paraponiaris, from the Battle of Leros during the Second World War. In the central square of Platanos, is the (lending) Municipal Library. It's a preservative neoclassical building and hosts rare manuscripts, historical records, codes and books





***Dance
Music
Festivals
Parade
Leisure
Excursion
Cooking
Traditions***





May 24-June 7 2026, Leros & Kos

Kyriakos' 25th Seminar



Yannis

Kyriakos

During the seven days of the second part in Kefalos/Kos Kyriakos and other teachers like Yannis Mastoros from Kos and Yannis Playiotakis from Heraklion-Creta will be teaching dances from Kos and Creta islands, from the northern part of Greece (Macedonia, Thrace) and Pontic.



The lessons will last two and half hours in the morning and another one and half in the afternoon.

In the meantime, participants can enjoy the picturesque Kefalos bay

Yannis





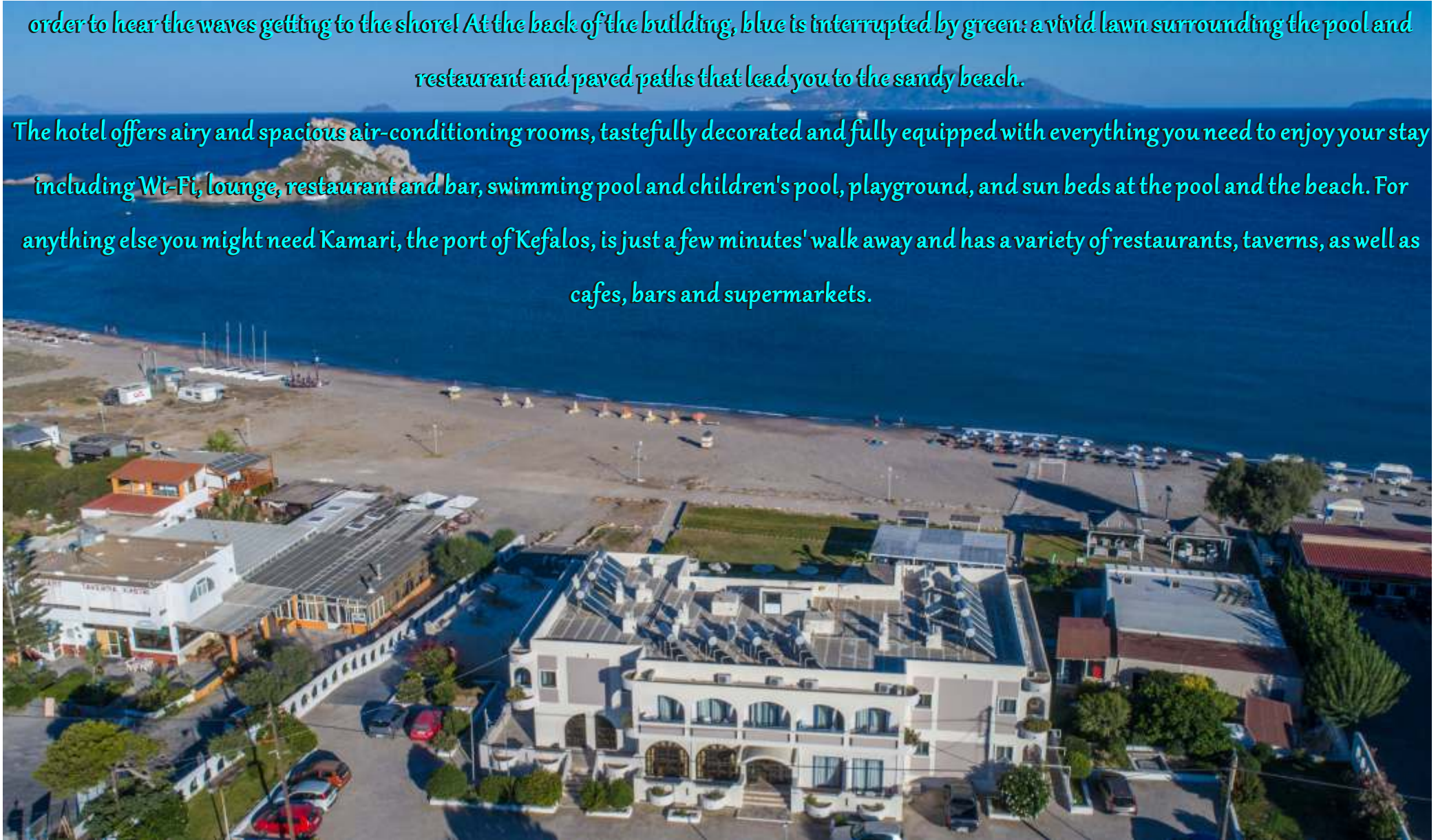
Parties will take place during the seminar in the patio of "Kordistos" hotel restaurant, where dinner will be served as well, as in some of the most beautiful spots of Kos like Zia, lots of them with live traditional music. Accommodation will be at "Kordistos" hotel (<https://www.kordistoshotel.com/en/>) located on the beach. Even closer will be the dancing floor!



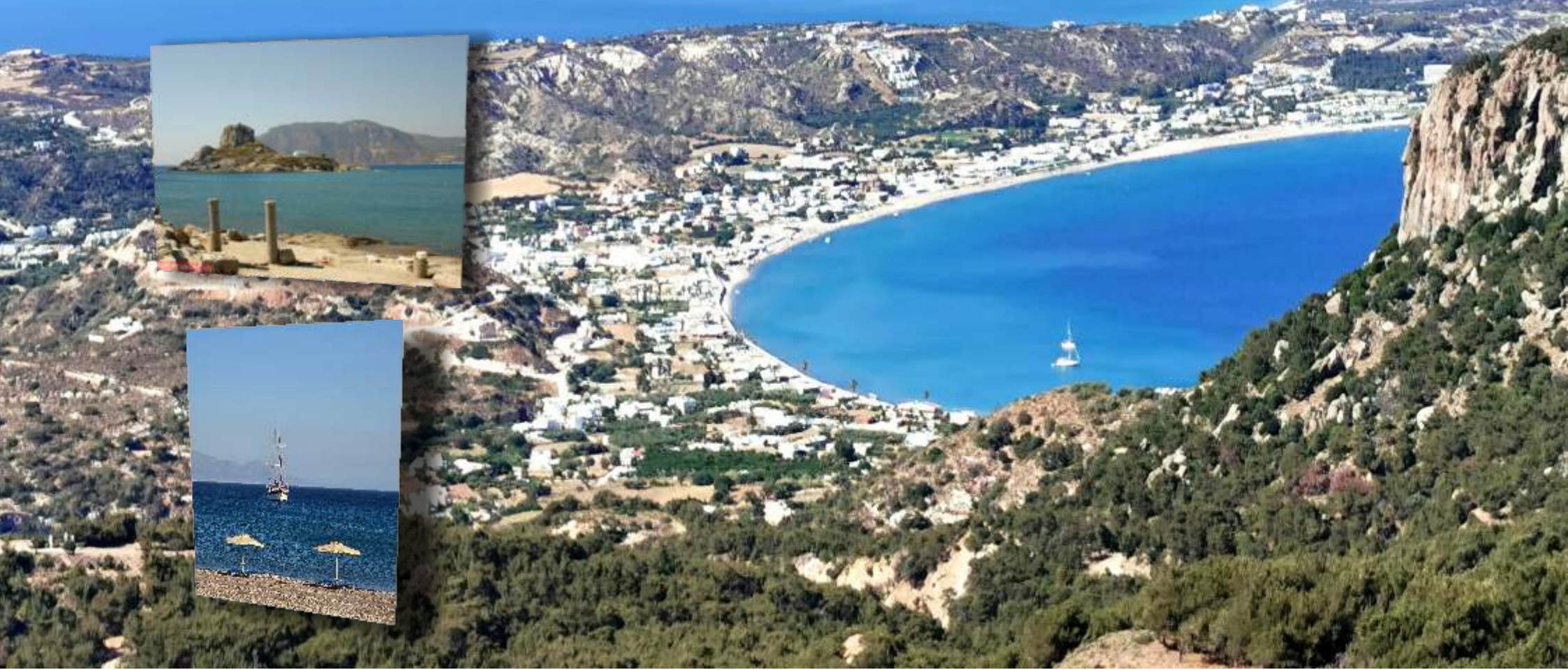
"KORDISTOS" HOTEL

Located on the beach, in the heart of Kefalos Bay "Kordistos" hotel provides authentic hospitality and unique relaxing moments in one of the most beautiful spots on the island. The blue colors and the familiar image of the Aegean Sea greet you upon your arrival. Once you settle in and make your first walk around the hotel premises, the uniqueness of the landscape and the joy of exploration will surely lead you to the beach, in order to hear the waves getting to the shore! At the back of the building, blue is interrupted by green: a vivid lawn surrounding the pool and restaurant and paved paths that lead you to the sandy beach.

The hotel offers airy and spacious air-conditioning rooms, tastefully decorated and fully equipped with everything you need to enjoy your stay including Wi-Fi, lounge, restaurant and bar, swimming pool and children's pool, playground, and sun beds at the pool and the beach. For anything else you might need Kamari, the port of Kefalos, is just a few minutes' walk away and has a variety of restaurants, taverns, as well as cafes, bars and supermarkets.



Like living in a postcard! The beautiful Kefalos Bay, with clear, crystal waters and the small island with the chapel of St. Nicholas is by far the most beautiful and photographed spot on Kos. Of course, the islet Kastri as the locals call it, is the landscape reference point, and despite its size, the disproportionately large rock in the center creates an imposing image, that of an old castle or a miniature volcano! The distance that separates the island from the beach is minimal, and you can easily swim across, as most of our visitors do. Kordistos Hotel is located right in the center of the bay, on the beachside. You just need to walk a few meters to reach the closest point, where you can dive to swim across. Besides the Kastri island, Kefalos bay has more to see and do. At the start of the bay, you can find the best beaches on the island, the famous Paradise Beach, "Camel" and more. Further down, you can visit the Christian basilica of St. Stephen, of the 5th century BC, literally on the beach, an almost unique location with ancient ruins, marbles and columns by the sea. On the other side of the bay, one can find Kamari, the small village-port of Kefalos, waterfront





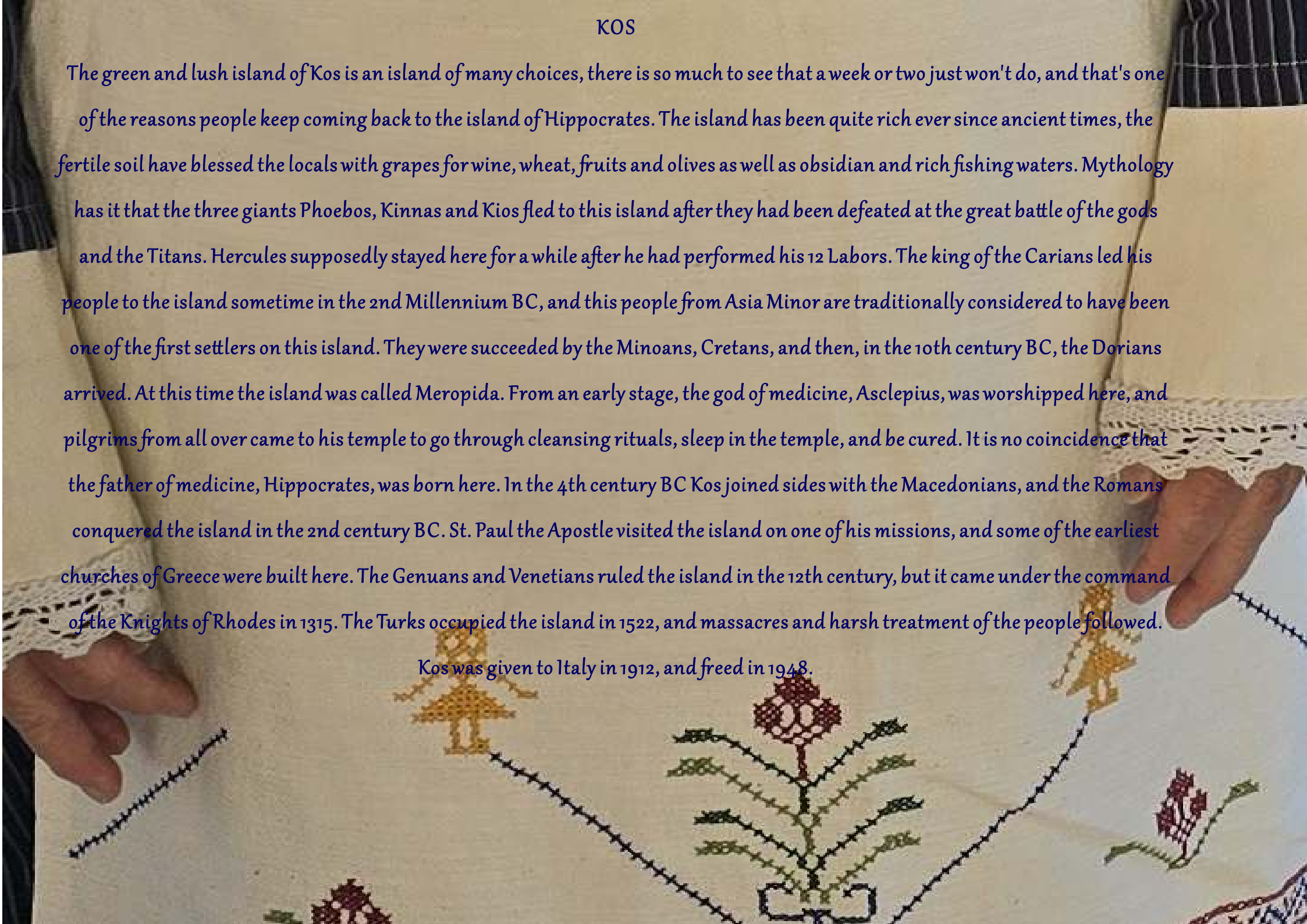
May 24-June 7 2026, Leros & Kos



KOS

The green and lush island of Kos is an island of many choices, there is so much to see that a week or two just won't do, and that's one of the reasons people keep coming back to the island of Hippocrates. The island has been quite rich ever since ancient times, the fertile soil have blessed the locals with grapes for wine, wheat, fruits and olives as well as obsidian and rich fishing waters. Mythology has it that the three giants Phoebos, Kinnas and Kios fled to this island after they had been defeated at the great battle of the gods and the Titans. Hercules supposedly stayed here for a while after he had performed his 12 Labors. The king of the Carians led his people to the island sometime in the 2nd Millennium BC, and this people from Asia Minor are traditionally considered to have been one of the first settlers on this island. They were succeeded by the Minoans, Cretans, and then, in the 10th century BC, the Dorians arrived. At this time the island was called Meropida. From an early stage, the god of medicine, Asclepius, was worshipped here, and pilgrims from all over came to his temple to go through cleansing rituals, sleep in the temple, and be cured. It is no coincidence that the father of medicine, Hippocrates, was born here. In the 4th century BC Kos joined sides with the Macedonians, and the Romans conquered the island in the 2nd century BC. St. Paul the Apostle visited the island on one of his missions, and some of the earliest churches of Greece were built here. The Genuans and Venetians ruled the island in the 12th century, but it came under the command of the Knights of Rhodes in 1315. The Turks occupied the island in 1522, and massacres and harsh treatment of the people followed.

Kos was given to Italy in 1912, and freed in 1948.



Kyriakos' 25th Seminar



A photograph of two men in red t-shirts performing a dance move outdoors. They are holding hands and lifting their arms in a circular motion. The background shows a sunny outdoor setting with palm trees, a building, and mountains in the distance.

The seminar cost include:

- Breakfast and dinner (drinks not included)
 - Dance classes, presentations, night parties
 - Packet with pertinent information and music regarding the dances to be taught in a USB drive or in a cloud and a T-shirt with the seminar logo.
- All land transportation relevant to and during the Seminar (Transportation to / from Greece and between Kos' airport and hotel are in responsibility of the individual).