11th Seminar of Greek Dance with Giorgos Kapsalis - Dina Koukoufiki and Dimitra Kapsali

EPIRUS: (VITSA--Zagorochoria)

23 July – 31 July 2027

Giorgos Kapsalis, Dina Koukoufiki and Dimitra Kapsali are organising a traditional dance workshop, which will take place in Epirus, in the village of ***Vitsa, Zagorochoria.***

The workshop begins ***on 23th July and ends on 31rd July*** *after breakfast.*

Vitsa is one of the villages in the famous Zagori and it is located in Epirus, in the prefecture of Ioannina. Majestic canyons, stone stairs, unique bridges and endless peaks compose the image that the visitor confronts in this area. Forty-six scattered villages, like eagle's nests, spread among the mountains of Timfi, Mitsikeli and Lygkos.
The seminar will be a small trip for all of us to the special region of Epirus with its wonderful music and songs, with its simple and strange dances. During the workshop, songs, customs and traditions will be taught mainly from different villages of the region of Epirus.

There will be daily dance teaching, songs learning and traditional costumes presentation by the corresponding introducer of each region. Furthermore, we are going to have the opportunity to visit corresponding villages, to participate in feasts with the residents of the villages and to taste their local foods.
In addition, during the seminar will be taught dances and songs from the regions of Epirus, Macedonia, West Thrace, Eastern Rumelia, Kappadokia, Sarakatsanian and Pontos.

We will be accommodated at the hotel Beloi ***(www.beloihotel.gr)*** and **Giagia Evgenia hotel** in Vitsa for eight (8) days.

The participants will have the opportunity to take part in significant festivities of the region, visit folklore museums and walk in gorgeous tracks of the lush, enjoying the nature and the architecture of the landscape.

Main Plan:

- ***Eight days*** *in Vitsa (23/7- 31/07/2027)*
- *On 23th July is the arrival-registration day in Vitsa and welcome night of the participants.*
- *From 24th July to 30nd July there will be held dance and song courses and excursions to nearby villages.*
- *Departure on 31rd July from Vitsa after breakfast.*
- *The workshop will be in both English and Greek.*
- *The dance courses will be held every morning and afternoon (except for the days of visits) in specially designed spaces.*

Ways of arrival.

a- By plane to Thessaloniki and from there by bus to Ioannina and Vitsa.
b- By plane to Athens -- Ioannina and from there by bus to Vitsa.
c- By boat through Italy-Igoumenitsa and from there by bus to Ioannina and Vitsa.
d- By plane to the airport of Aktion (Preveza) and from there by bus to Preveza-Ioannina and Vitsa.

The price of the workshop is 850 € and includes:

- ✓ 8 overnights at the hotel Beloi and **Giagia Evgenia hotel** in Vitsa .
- ✓ Accommodation **in double rooms** with breakfast, lunch and dinner. (no drink)
- ✓ 4-5 hours of traditional dance teaching a day.
- ✓ courses percussion and singing
- ✓ Excursions, conducted tours, visits.
- ✓ Printed informational material about dance and songs that will be taught.
- ✓ T-shirt with the logo of the workshop.
- ✓ USB with the music of the workshop.

- For the people who will not participate at the dance lessons, **the price is 550€**
- For a single room the price **is extra 20€/ day**

✓ For your convenience and pleasant stay, we will have to know the exact way, time and place of your arrival.

✓ We would like to be informed in time whether there are food or stay preferences.

✓ For your convenience, sign up in time, due to limited availability.

✓ You can visit the hotel website : **beloihotel.gr and Giagia Evgenia**

✓ For any further information you can contact by e-mail:

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